

2026 May

FREE Programs and Youth Services
Ages 12 to 25

Monday to Friday
10:30am - 6:00pm

***Drop-In Counselling and Service Navigation**

Available*

Note: Mental Health Clinician available by appointment only on Thursdays

P: (905) 503-4946

IG: YWHO.MAPLE

- WELLNESS SERVICES**
- Mental Health & Wellness Services
 - Peer Support & Navigation
 - Employment & Housing Support
 - Educational Support
 - Social & Recreational Programs

KUUMBA SIGN-UP
bit.ly/KUUMBARapidAccess



partnered with



Monday	Tuesday	Wednesday	Thursday	Friday
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<p>4 HUB IS OPEN 10:30am-6:00pm <i>Secondary School P.A. Day</i></p>	<p>5 Cue and Connect 4pm -5pm</p>	<p>6 JERSEY DAY Rep your favourite team!</p>	<p>7 KUUMBA Rapid Access Counselling 2:00pm - 8:00pm</p>	<p>8</p>
<p>11</p>	<p>12 Cue and Connect 4pm -5pm</p>	<p>13</p>	<p>14 KUUMBA Rapid Access Counselling 2:00pm - 8:00pm</p>	<p>15 MARIOKART. 4pm - 5pm</p>
<p>18 CLOSED Victoria Day</p>	<p>19 Cue and Connect 4pm -5pm</p>	<p>20 D.I.Y Flavour Garden 12pm - 1pm</p>	<p>21 KUUMBA Rapid Access Counselling 2:00pm - 8:00pm</p>	<p>22</p>
<p>25</p>	<p>26 Lunch and Reset w/ Vanesa: Exam Goals Drop-In 10:30am - 1:30pm</p>	<p>27</p>	<p>28 KUUMBA Rapid Access Counselling 2:00pm - 8:00pm</p>	<p>29 KARAOKE PARTY 4:00pm-5:00pm</p>